

Today's Date:

RBT PDU Credit: 0.5

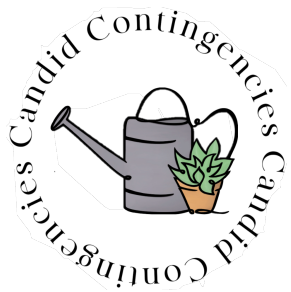
RBT PDU Title:

Bite-Size Behavior Analysis Series:

Breaking Down: **Behavior Analytic Definitions of Reinforcement & Punishment**

Objectives (presentation summary):

- A. Understand & recognize the differences between reinforcement / punishment, positive / negative, & positive reinforcement, negative reinforcement, positive punishment, and negative punishment and have clinical & practical examples for the behavior change procedures:
 - a. Reinforcement definition:
 - b. Punishment definition:
 - c. Positive definition:
 - d. Negative definition:
 - e. Positive Reinforcement
 - i. Definition:
 - ii. What clicks for me:



iii. Relevant clinical example:

iv. Relevant real-life example:

f. Negative Reinforcement

i. Definition:

ii. What clicks for me:

iii. Relevant clinical example:

iv. Relevant real-life example:

g. Positive Punishment

i. Definition:

ii. What clicks for me:



iii. Relevant clinical example:

iv. Relevant real-life example:

h. Negative Punishment

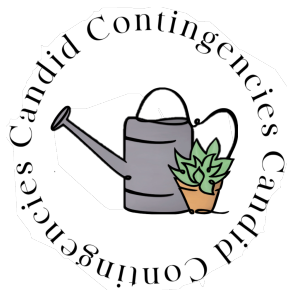
i. Definition:

ii. What clicks for me:

iii. Relevant clinical example:

iv. Relevant real-life example:

B. How did this presentation better equip you to implement your client's protocols at work or notice the behavior change procedures in action in your daily life?



Guided notes to follow along with the presentation:

Reinforcement and punishment are _____ procedures.

Reinforcement is designed to _____ behavior.

Punishment is designed to _____ behavior.

Positive and negative are descriptive terms that describe the _____ of consequences.

Positive means the consequence involved _____ something.

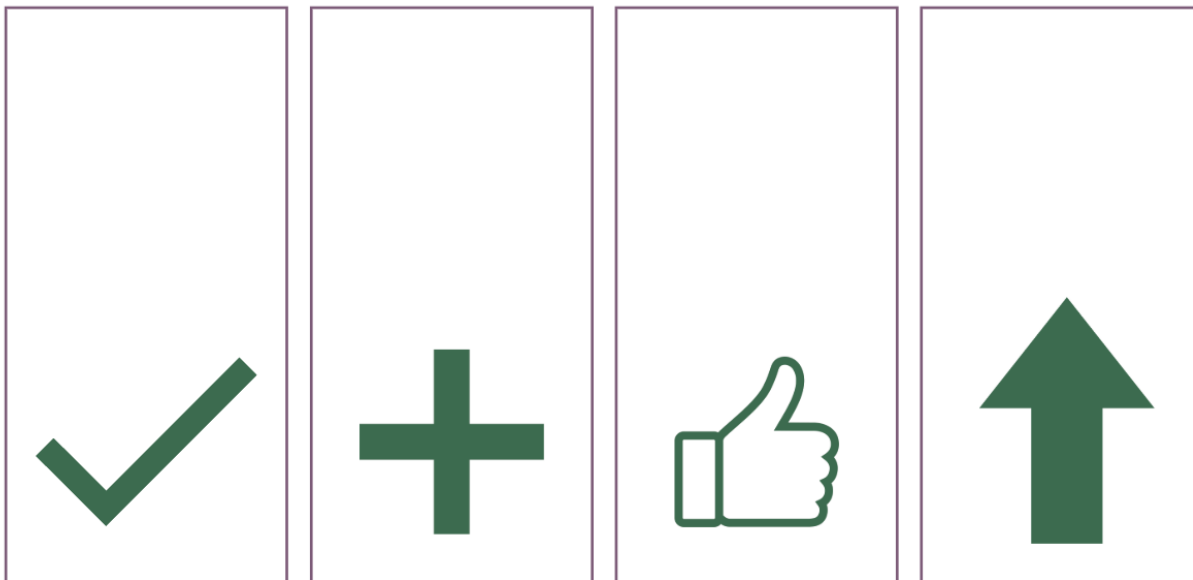
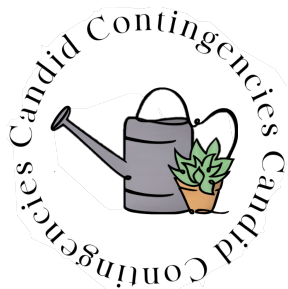
Negative means the consequence involved _____ something.

Positive and negative do NOT refer to whether the consequence was _____ or disliked.

Why does it matter to understand the difference between these labels?

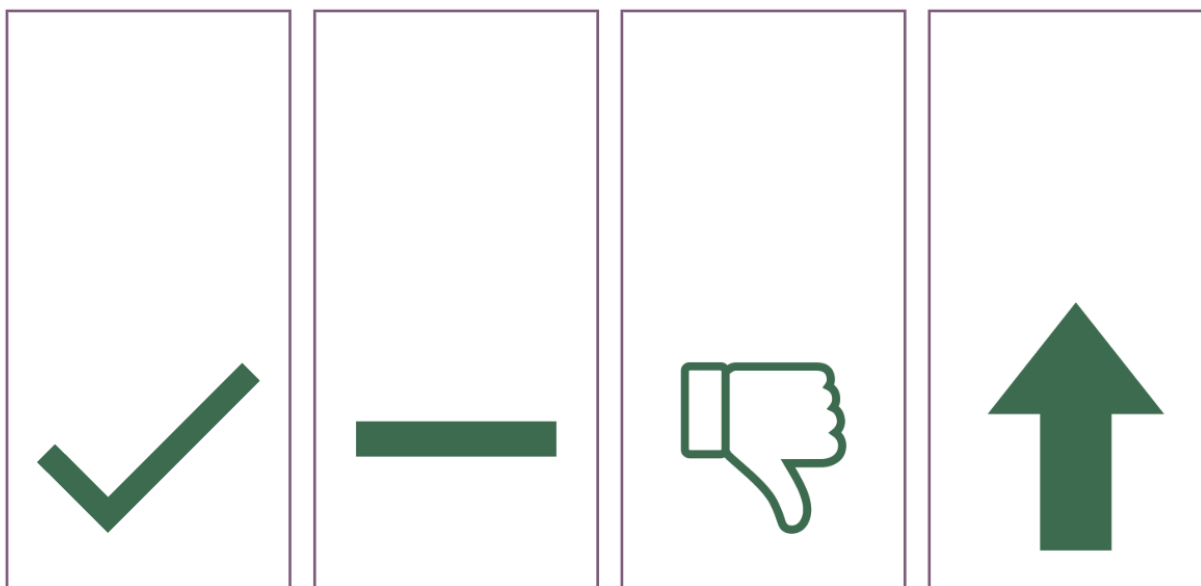
What does preferred represent?

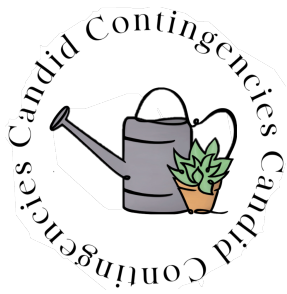
What does aversive represent?



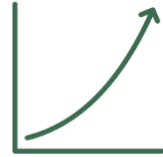
If the behavior does not increase in the future, the consequence was NOT _____, and the stimulus presented was NOT a _____.

If there's no increase in the behavior, then the stimulus is simply a _____.





Positive & Negative Reinforcement



Give me something great, and I'll keep doing that thing

Sr+



Sr-

Remove something gross or annoying, & I'll keep doing that thing

Your client's protocol states that after they successfully match to sample, you provide them a token. After receiving the token, they continue to engage in the match-to-sample target successfully.

What is the target behavior?

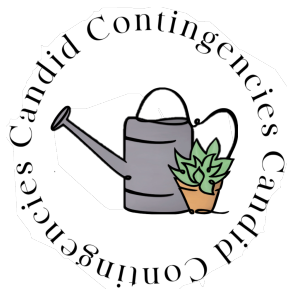
What is the consequence?

Is the stimulus being added or removed?

Is the stimulus preferred or aversive?

Is the target behavior increasing or decreasing over time?

What behavior change procedure is being described?



You noticed that your client screams when another client comes into the room. The other client hates loud noises so will then leave the room. Your client is now screaming more often.

What is the target behavior?

What is the consequence?

Is the stimulus being added or removed?

Is the stimulus preferred or aversive?

Is the target behavior increasing or decreasing over time?

What behavior change procedure is being described?

You make a new friend and you've been getting to know each other. You really enjoy discussing your shared interests and hanging out with them. You bring up a topic and ask if they agree with your viewpoint. The friend ends the conversation and doesn't respond for a couple days. When you start hanging out again, you don't talk about that topic anymore with them.

What is the target behavior?

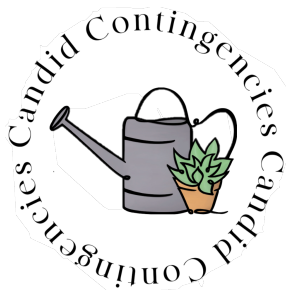
What is the consequence?

Is the stimulus being added or removed?

Is the stimulus preferred or aversive?

Is the target behavior increasing or decreasing over time?

What behavior change procedure is being described?



Your client is running outside. You tell them to stop running, but they continue running. Then, they fall and scrap their knee. They do not run the next time you take them outside.

What is the target behavior?

What is the consequence?

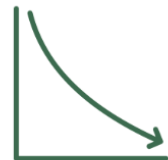
Is the stimulus being added or removed?

Is the stimulus preferred or aversive?

Is the target behavior increasing or decreasing over time?

What behavior change procedure is being described?

Positive & Negative Punishment



Give me something I can't stand, & I'll stop doing that thing

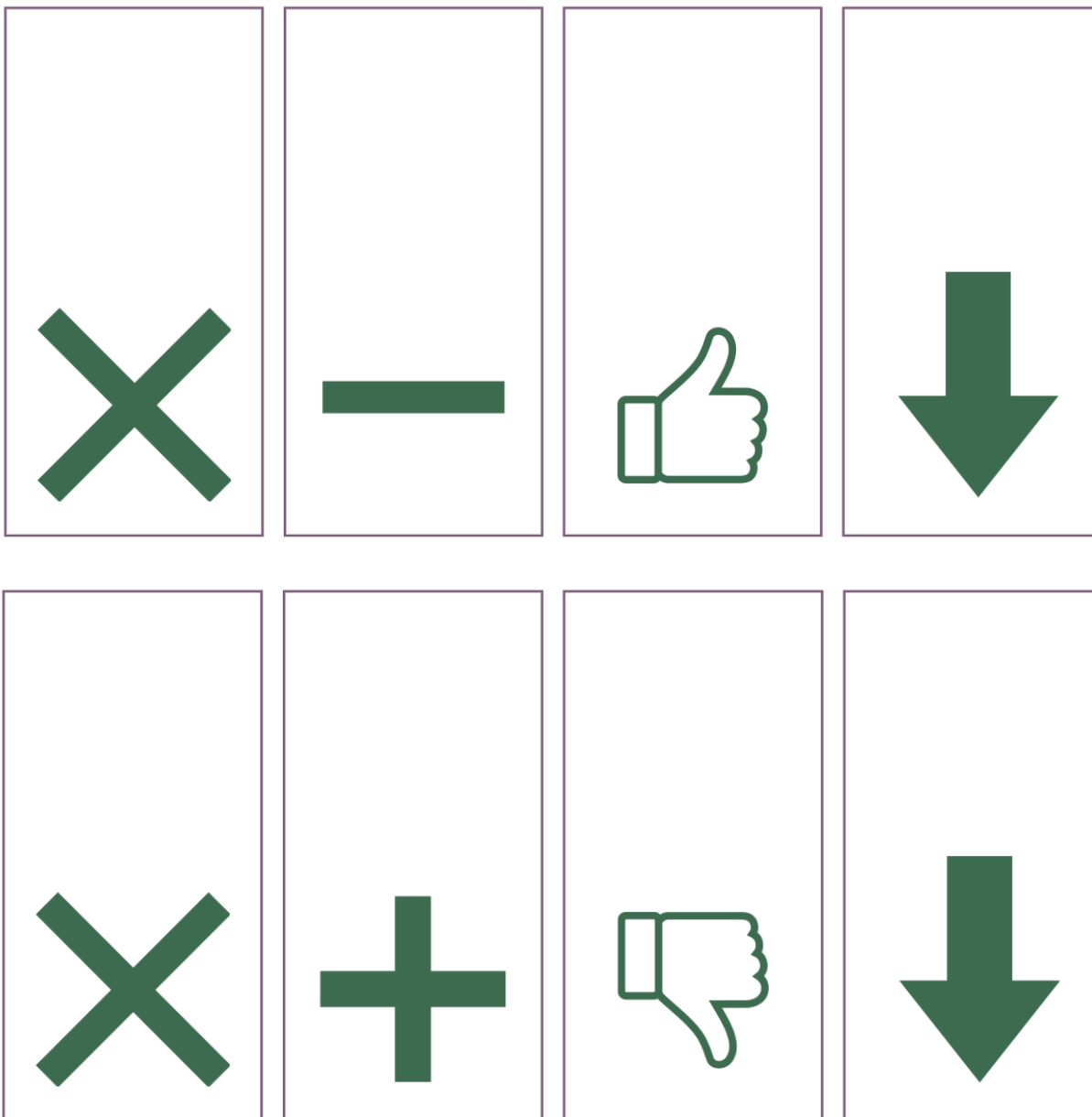
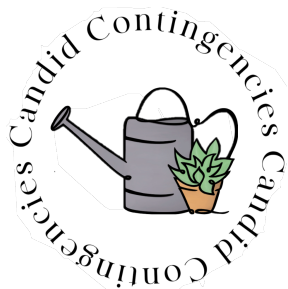
Sp+



Sp-

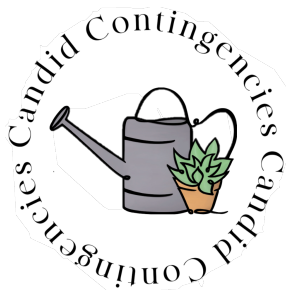
Remove something I love, and I'll stop doing that thing

Why does your supervisor utilize all possible reinforcement procedures prior to considering punishment-based procedures, and what do they need to consider if they program any punishment?



A consequence is ONLY **punishing** if it successfully _____ the probability that the behavior will happen again in the future.

A consequence is ONLY **reinforcing** if it successfully _____ the probability that the behavior will happen again in the future.



Fill out the matrix:

Sr+ Sr- Sp+ Sp-



For more examples / discussion on this topic, watch the follow up video on our YouTube channel: YouTube Channel: youtube.com/@CandidContingencies

To request a PDU on something you'd like to learn more about, contact us at: candidcontingencies.org/contact

Check out our other available PDUs here: candidcontingencies.org/rbt-pdu

Additional notes: